

**Ausgewählte Publikationen Essstörungen / Mental Health / Gesundheitsförderung
Prof.ⁱⁿ(FH) Mag.^a Dr.ⁱⁿ Karin Waldherr**

1. Artikel in Zeitschriften mit Peer Review

- Irish, M., Zeiler, M., Kuso, S., Musiat, P., Potterton, R., Wagner, G., Karwautz, A., Waldherr, K., Schmidt, U. (2020). Students' perceptions of an online mental health intervention: a qualitative interview study. *Neuropsychiatrie* (published online first 28 December 2020). <https://doi.org/10.1007/s40211-020-00383-5>
- Taylor, C.B., Graham, A.K., Flatt, R.A., Waldherr, K., Fitzsimmons-Craft, E.E. (2020). Current state of scientific evidence on Internet-based interventions for the treatment of depression, anxiety, eating disorders, and substance abuse: An overview of systematic reviews and meta-analyses. *European Journal of Public Health*, ckz208. (published online 11 September 2020).
- Zeiler, M., Peer, S., Philipp, J., Truttmann, S., Wagner, G., Karwautz, A. & Waldherr, K. (2020). Web-Based Versus Paper-Pencil Assessment of Behavioral Problems Using the Youth Self-Report. *European Journal of Psychological Assessment*. <https://doi.org/10.1027/1015-5759/a000585> (published online 15 May 2020).
- Beecham, J., Bonin, E.-M., Görlich, D., Baños, R., Beintner, I., Buntrock, C., Bolinski, F., Botella, C., Ebert, D.D., Herrero, R., Potterton, R., Schmidt, U., Waldherr, K., Weisel, K., Zarski, A.-C., Zeiler, M., Jacobi, C. (2019). Assessing the costs and cost-effectiveness of ICare internet-based interventions (protocol). *Internet Interventions*, 19, 12-19. doi: 10.1016/j.invent.2018.02.009 (available online 27 February 2018).
- Beintner, I., Görlich, D., Berger, T., Ebert, D.D., Zeiler, M., Herrero Camarano, R., Waldherr, K., Jacobi, C., ICare Consortium (2019). Interrelations between participant and intervention characteristics, process variables and outcomes in online interventions: A protocol for overarching analyses within and across seven trials in ICare. *Internet Interventions*, 16, 86-97. doi: 10.1016/j.invent.2018.05.001 (available online 01 June 2018).
- Carrard, I., Argyrides, M., Ioannou, X., Lundin Kvaalem, I., Waldherr, K., Harcourt, D. & McArdle, S. (2019). Associations between body dissatisfaction, importance of appearance, and aging anxiety with depression, and appearance-related behaviors in women in mid-life. *Journal of Woman & Aging*. Doi: 10.1080/08952841.2019.1681882 (published online 21 October 2019).
- Jones Bell, M., Zeiler, M., Herrero, R., Kuso, S., Nitsch, M., Etchemendy, E., Fonseca-Baeza, S., Oliver, E., Adamcik, T., Karwautz, A., Wagner, G., Baños, R., Botella, C., Görlich, D., Jacobi, C., Waldherr, K. (2019). Healthy Teens @ School: Evaluating and disseminating transdiagnostic preventive interventions for eating disorders and obesity for

- adolescents in school settings. *Internet Interventions*, 16, 69-75. doi: 10.1016/j.invent.2018.02.007 (available online 27 February 2018).
- Mosor, E., Waldherr, K., Kjeklen, I., Omara, M., Ritschl, V., Pinter-Theiss, V., Smolen, J., Hübel, U., & Stamm, T. (2019). An intergenerational program based on psycho-motor activity promotes well-being and interaction between preschool children and older adults: results of a process and outcome evaluation study in Austria. *BMC Public Health*, 19:254. Doi: <https://doi.org/10.1186/s12889-019-6572-0>
- Musiat, P., Potterton, R., Gordon, G., Spencer, L., Zeiler, M., Waldherr, K., Kuso, S., Nitsch, M., Adamcik, T., Wagner, G., Karwautz, A., Ebert, D.D., Dodd, A., Dooley, B., Harrison, A., Whitt, E., Haselgrove, M., Sharpe, H., Smith, J., Tressler, R., Troop, N., Vinyard, C., Görlich, D., Beecham, J., Bonin, E., Jacobi, C., Schmidt, U. (2019). Web-based indicated prevention of common mental disorders in university students in four European countries – Study protocol for a randomised controlled trial. *Internet Interventions*, 16, 35-42. doi: 10.1016/j.invent.2018.02.004 (available online 15 March 2018).
- Nitsch, M., Adamcik, T., Kuso, S., Zeiler, M., Waldherr, K. (2019). Usability and Engagement Evaluation of an Unguided Online Program for Promoting a Healthy Lifestyle and Reducing the Risk for Eating Disorders and Obesity in the School Setting. *Nutrients*, 11(4), 713, <https://doi.org/10.3390/nu11040713> (published online 27 March 2019).
- Zeiler, M., Kuso, S., Nacke, B., Klesges, L.M., Waldherr, K. (2019). Evaluating reach, adoption, implementation and maintenance of Internet-based interventions to prevent eating disorders in adolescents: a systematic review. *European Journal of Public Health*, ckz130, <https://doi.org/10.1093/eurpub/ckz130> (published online 13 August 2019).
- Franta, C., Philipp, J., Waldherr, K., Truttmann, S., Merl, E., Schöfbeck, G., Koubek, D., Laczkovics, C., Imgart, H., Zanko, A., Zeiler, M., Treasure, J., Karwautz, A., Wagner, G. (2018). Supporting Carers of Children and Adolescents with Eating Disorders in Austria (SUCCEAT): Study protocol for a randomised controlled trial. *Eur Eat Disorders Rev*, 26, 1-15. doi: 10.1002/erv.2600
- Philipp, J., Zeiler, M., Waldherr, K., Truttmann, S., Dür, W., Karwautz, A., Wagner, G. (2018). Prevalence of emotional and behavioral problems and subthreshold psychiatric disorders in Austrian adolescents and the need for prevention. *Social Psychiatry and Psychiatric Epidemiology*, 53, 1325-1337. <https://doi.org/10.1007/s00127-018-1586-y>
- Zeiler, M., Wagner, G., Philipp, J., Nitsch, M., Truttmann, S., Dür, W., Karwautz, A., Waldherr, K. (2018). The Mental Health in Austrian Teenagers (MHAT) Study: design, methodology, description of study population. *Neuropsychiatrie*, 32(3), 121-132. doi 10.1007/s40211-018-0273-2 (online first 15 June 2018).
- Wagner, G., Zeiler, M., Waldherr, K., Philipp, J., Truttmann, S., Dür, W., Treasure, J.L., Karwautz, A.F.K. (2017). Mental health problems in Austrian adolescents: a nationwide, two-stage epidemiological study applying DSM-5 criteria. *Eur Child Adolesc Psychiatry*, online first, 24 May 2017. DOI: 10.1007/s/00787-017-0999-6

- Zeiler, M., Waldherr, K., Philipp, J., Nitsch, M., Dür, W., Karwautz, A., Wagner, G. (2016). Prevalence of Eating Disorder Risk and Associations with Health-related Quality of Life: Results from a Large School-based Population Screening. *European Eating Disorders Review*, 24(1), 9-18. DOI: 10.1002/erv.2368 (first published online 26 May 2015).
- Philipp, J., Zeiler, M., Waldherr, K., Nitsch, M., Dür, W., Karwautz, A., Wagner, G. (2014). The Mental Health in Austrian Teenagers (MHAT)-Study: preliminary results from a pilot study. *Neuropsychiatr*, 28(4), 198-207. DOI: 10.1007/s40211-014-0131-9
- Wagner, G., Penelo, E., Wanner, C., Gwinner, P., Trofier, M.-L., Imgart, H., Waldherr, K., Wöber-Bingöl, C., Karwautz, A. (2013). Internet delivered cognitive behavioural therapy vs. conventional guided self-help in the treatment of bulimia nervosa: Long-term evaluation of a randomized controlled trial. *British Journal of Psychiatry*, 202 (2), 135-141.
- Flaschberger, E., Nitsch, M., Waldherr, K. (2012). Implementing School Health Promotion in Austria: Experiences From a Pilot Training Course. *Health Promotion Practice*, 13(3), 364-369.
- Longin, R., Grasse, M., Aspalter, R., Waldherr, K. (2012). Effectiveness of the Online Weight Reduction Programme *KiloCoach*TM and Comparison with Other Evaluated Commercial Direct Intervention and Online Programs. *Obesity Facts*, 2012(5), 372-383.
- Aspalter, R., Waldherr, K. (2011). Analysis of program terminations and dropout characteristics among users of the Online Program KiloCoachTM. *Wiener Klinische Wochenschrift*, 123(17-18):A39-A39.
- Karwautz, A.F.K., Wagner, G., Waldherr, K., Nader, I.W., Fernandez-Aranda, F., Estivill, X., Holliday, J., Collier, D.A., Treasure, J. (2011). Gene-environment interaction in anorexia nervosa: relevance of non-shared environment and the serotonin transporter gene. *Molecular Psychiatry*, 16(6), 590-592.
- Nitsch, M., Waldherr, K. (2011). Evaluation von Gesundheitsfördernden Schulen. *Prävention und Gesundheitsförderung*, 1-6.
- Waldherr, K., Favaro, A., Santonastaso, P., van Strien, T., Rathner, G. (2008): Comparison of the Eating disorder Inventory (EDI) in the Netherlands, Austria and Italy. *European Eating Disorders Review*, 16, 472-479.
- Rathner, G., Waldherr, K. (1997). Eating Disorder Inventory-2: Eine deutschsprachige Validierung mit Normen für weibliche und männliche Jugendliche. *Zeitschrift für Klinische Psychologie, Psychiatrie und Psychotherapie*, 45, 157-182.

2. Beiträge in Herausgeberwerken

- Waldherr K. (2019). Evaluation und Assessmentverfahren in der ernährungsbezogenen Prävention und Gesundheitsförderung. In: Tiemann M., Mohokum M. (Eds) *Prävention und Gesundheitsförderung. Springer Reference Pflege – Therapie – Gesundheit*. Berlin, Heidelberg: Springer. DOI: https://doi.org/10.1007/978-3-662-55793-8_127-1 (first online:

15 August 2019).

- Waldherr, K., Spiel, G. (2019). Evaluationsstandards im Handlungsfeld Gesundheitsförderung und Primärprävention in Österreich. In: Hense, J.U., Böttcher, W., Kalman, M., Meyer, W. (Eds.), *Evaluation: Standards in unterschiedlichen Handlungsfeldern* (S. 203-216). Münster: Waxmann Verlag GmbH
- Hübel, U., Oehlinger, M., Pinter-Theiss, V., Zak, T., Waldherr, K., Mosor, E., Stamm, T. (2016). Moving Generations – Building bridges between children and older adults by means of psychomotricity. *European Journal of Public Health, 26, suppl. 1 (EUPHA 2016 abstract supplement)*. DOI: <http://dx.doi.org/10.1093/eurpub/ckw175.019> ckw175.019 First published online: 4 November 2016.
- Rohrauer-Näf, G., Waldherr, K. (2016). Gesundheitsförderung in Österreich: In: Bundeszentrale für Gesundheitliche Aufklärung, *Leitbegriffe der Gesundheitsförderung*. Online in Internet. URL: <http://www.bzga.de/leitbegriffe/?id=angebote&idx=152> (last update: 04/12/2016).
- Wimmer-Puchinger, B., Blahout, S., Waldherr, K. (2016). Eating disorders: What has the society to do with it? *European Psychiatry, 33, Supplement Abstracts of the 24th European Congress of Psychiatry*, S167. <https://doi.org/10.1016/j.eurpsy.2016.01.338>
- Waldherr, K., Capellaro, M., Finsterwald, M., Grillich, L., Haß, W., Kuhn, J., Lindner, M., Orth, B., Popper, V., von Rüden, U., Spiel, G., Töppich, J., Wetzstein, A. (2014). Evaluation im Bereich der Prävention und Gesundheitsförderung: Stand, Herausforderungen und Entwicklungsperspektiven in Deutschland und Österreich. In: W. Böttcher, C. Kerlen, P. Maats, O. Schwab, S. Sheikh (DeGEval-Vorstand, Hrsg.), *Evaluation in Deutschland und Österreich. Stand und Entwicklungsperspektiven in den Arbeitsfeldern der DeGEval – Gesellschaft für Evaluation*. Münster: Waxmann.
- Waldherr, K., Dür, W. (2012): Implementation of Health Promotion Programs in Hospitals, Long Term Care Facilities and Schools - A Comparative Study. In: Callaos, N., Chu, H.W., Hashimoto, S., Lesso, W., Siddique, M., Zinn, C.D. (Eds.), *Proceedings of the 16th World Multi-Conference on Systemics, Cybernetics and Informatics, Vol. II, July, 17-20, 2012, Orlando, FL, USA*. Orlando: International Institute of Informatics and Systemics.
- Waldherr, K., Rohrauer-Näf, G., Simek, M., Braunegger-Kallinger, G., Peinhaupt, C. (2012): Evaluation der Fördertätigkeit des Fonds Gesundes Österreich. In: Robert Koch-Institut (Ed.), *Beiträge zur Gesundheitsberichterstattung des Bundes. Evaluation komplexer Interventionsprogramme in der Prävention: Lernende Systeme, lehrreiche Systeme?* (pp.135-144). Berlin.
- Nitsch, M., Waldherr, K. (2011). Grundlagen der Evaluation. In: W. Dür, F. Felder-Puig (Hrsg.), *Lehrbuch Schulische Gesundheitsförderung* (S. 268-276). Bern: Hans Huber.
- Rohrauer-Näf, G., Waldherr, K. (2011). Gesundheitsförderung in Österreich: In: Bundeszentrale für Gesundheitliche Aufklärung, *Leitbegriffe der Gesundheitsförderung* (S. 223-230). Gamburg: Verlag für Gesundheitsförderung.
- Waldherr, K., Rathner, G. (2011). Eating Attitudes Test. In Barkmann, C., Brähler, E., &

Schulte-Martkwart, M. (Hrsg.), *Klinisch-psychiatrische Ratingskalen für das Kindes- und Jugendalter*. Göttingen: Hogrefe.

Fichter, M.M., Rathner, G., Waldherr, K., Quadflieg, N. (2011). Anorexia Nervosa Inventar zur Selbstbeurteilung. In Barkmann, C., Brähler, E., & Schulte-Martkwart, M. (Hrsg.), *Klinisch-psychiatrische Ratingskalen für das Kindes- und Jugendalter*. Göttingen: Hogrefe.

Rathner, G., Waldherr, K. (2005): Items und Normtabellen zur deutschsprachigen Version des Eating Disorder Inventory-2. In: Tuschen-Caffier, B., Pook, M., Hilbert, A. (Eds.), *Diagnostik von Essstörungen und Adipositas* (pp.61, 65-68). Göttingen: Hogrefe Verlag für Psychologie.